



# Patient Support Groups

## KERN COUNTY

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### Friends on Dialysis

- Meets the 3<sup>rd</sup> Wednesday of the month in English and 3<sup>rd</sup> Thursday of the month in Spanish; call for meeting time.
- Open to all kidney disease, pre-transplant and transplant patients, friends and family.
- English & Spanish.
- Free parking.

### ☎ Who to Call:

Carol Tsuboi, LCSW (661) 396-7158  
Bakersfield Dialysis Center  
5143 Office Park Drive  
Bakersfield, CA 93309

## LOS ANGELES COUNTY

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### Kidney Beings Renal Support Group

- Meets the 3<sup>rd</sup> Saturday of the month from 2:00 pm – 4:30 pm.
- Open to all kidney disease and transplant patients, families, and non-Kaiser members.
- English & Spanish.

### ☎ Who to Call:

Marlene Chroman, LCSW (562) 657-9174  
Jenifer Darley (310) 952-0848  
Debbie Kujavski (562) 863-4146  
Judy Murray, MSW (562) 461-6542  
Kaiser Bellflower Medical Center  
(Administration Building, Room BA 11 and 12, right behind the parking structure)  
9400 Rosecrans Avenue  
Bellflower, CA 90706

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### Mission Statement

*To provide leadership and assistance to renal dialysis and transplant facilities in a manner that supports continuous improvement in patient care, outcomes, safety and satisfaction.*

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6255 Sunset Boulevard • Suite 2211 • Los Angeles • California • 90028  
(323) 962-2020 • (323) 962-2891/Fax • www.esrdnetwork18.org

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**Kaiser Permanente Baldwin Park Support Group**

- Meets the 2nd Tuesday of the month from 2:00 pm – 3:30 pm.
- Pre-ESRD, ESRD, transplant patients, and non-Kaiser members welcome.

**☎ Who to Call:**

Jean Bonnette, MSW (626) 851-5426  
 Kaiser Permanente Baldwin Park Medical Center  
 (Conference Room on the Basement Level)  
 1011 Baldwin Park Boulevard  
 Baldwin Park, CA 91706

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**Let's Talk Dialysis Support Group**

- Meets the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month, from 10:00 am – 11:30 am.
- Open to kidney disease pre-transplant and transplant patients, families, and friends.
- Free Parking.

**☎**

Phil Shapiro (818) 883-3584  
 Susan Riefenbark (818) 888-4730  
 West Hills Hospital  
 7300 Medical Center Dr., 1<sup>st</sup> Floor  
 (1<sup>st</sup> floor, Administration Room)  
 West Hills, CA 91307

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**Los Angeles County**

- Call toll free number for date, time and location of meetings.

**☎ Who to Call:**

PKD Foundation (800) 753-2873

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**Restless Leg Syndrome Foundation Support Group Downey**

- Meets the 1<sup>st</sup> Sunday of February, June and October, from 1:30 pm – 3:30 pm.
- Patients, family members and friends are welcome.
- Free parking.

**☎ Who to Call:**

Janis M. Lopez (714) 633-0123  
 Community Hospital of Long Beach  
 (Auditorium)  
 1720 Termino Avenue  
 Long Beach, CA 90804

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**Renal Support Network (RSN)-Glendale**

- Meets the 4<sup>th</sup> Sunday of the month, from 2:00 pm – 4:00 pm.
- Open to all kidney disease patients and their family members.
- Snacks and refreshments will be served.
- Free parking.

**☎ Who to Call:**

Tim Rider (818) 284-4682  
 Shakers Family Restaurant  
 801 N. Central Avenue  
 Glendale, CA 91203  
 (North of the 134 Freeway)

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**West Covina**

- Meets the 3<sup>rd</sup> Sunday of the month, from 1:00 pm – 3:00 pm.
- Open to all kidney disease patients and their family members.
- Snacks and refreshments will be served.
- Free parking.

**☎ Who to Call:**

Tim Rider (818) 284-4682  
 Carrows Family Restaurant  
 101 S. Azusa Avenue  
 West Covina, CA 91791  
 (South of the 10 Freeway)

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## ORANGE COUNTY

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### PKD Support Group – Orange County

- Call toll free number for date, time and location of meetings.

### ☎ Who to Call:

PKD Foundation (800) 753-2873

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### South Orange County Renal Support Group

- Meets the 3<sup>rd</sup> Saturday of the month from 1:00 pm – 3:00 pm.
- Open to all kidney disease, kidney transplant, kidney/pancreas transplant patients and families.
- Free Parking

### ☎ Who to Call:

Shirley Jones (949) 496-8907  
 Pam Chapman (949) 768-7970  
 Linda Rogers (949) 586-2034

Mission Regional Medical Center  
 Conference Room #2 (*1<sup>st</sup> Floor*)  
 26726 Crown Valley Parkway  
 Mission Viejo, CA 92691

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### UCI Kidney Transplant Support Group

- Meets the 1<sup>st</sup> Tuesday of the month in English & 1<sup>st</sup> Wednesday of the month in Spanish from 2:30 pm – 3:30 pm.
- Open to all kidney disease, pre transplant and transplant patients, family and friends.
- Free parking.
- English & Spanish.
- Refreshments served.

### ☎ Who to Call:

Robin Worker, LCSW (714) 456-8342  
 UC Irvine Medical Center  
 (*8<sup>th</sup> Floor, Classroom C*)  
 200 S. Manchester Avenue  
 Orange, CA 92868

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## RIVERSIDE COUNTY

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### Living Well On Dialysis (Kaiser Riverside PD Support Group)

- Meets quarterly; Call contact for times and dates of upcoming meetings.
- Open to all peritoneal dialysis patients, families and friends.
- Free parking.

### ☎ Who to Call:

Susan VanCampen, MSW (951) 353-4887  
 Kaiser Riverside Medical Center  
 (*Auditorium –MC-IC & D*)  
 10800 Magnolia Avenue  
 Riverside, CA 92505

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- Meets the 1<sup>st</sup> Monday of the month from 5:00pm - 6:00 pm.
- **Call before coming.**
- Open to all kidney disease patients, family and friends.
- English and Spanish (if available).
- Free parking.
- Refreshments served.



Diane Lavelly, LCSW (760) 568-1234  
 Eisenhower Medical Center  
 (*Annenberg Center*)  
 39000 Bob Hope Drive  
 Rancho Mirage, CA 92270

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- Call toll free number for date, time and location of meetings.



PKD Foundation (800) 753-2873

**ESRD Educational Group**

- Education and Support.
- Only meets 3 times a year.
- Call Contact for times and dates of upcoming meetings.
- Open to all kidney disease, transplant patients and family members welcome.

**Who to Call:**

Cathy Chappell (858) 650-5000  
 Sharp Memorial Hospital  
 7910 Frost Street, Suite 230  
 San Diego, CA 92123

**Scripps Liver/Kidney Support Group**

- Education and Support.
- Meets the 1<sup>st</sup> Wednesday of the month from 6:00 pm – 8:00 pm.
- Pre-ESRD, dialysis and transplant patients and family members welcome.

**Who to Call:**

Richard Hellman, LCSW (858) 554-8156  
 Email: Hellman.Richard@scrippshealth.org  
 Scripps Green Hospital  
 (Amphitheater)  
 10666 North Torrey Pines Road  
 La Jolla, CA 92037

**& Transplant Support Group**

- Call contact for times, locations and dates of upcoming meetings.
- Open to all kidney disease, pre transplant and post-transplant patients, family, friends and young adults.
- English and Spanish.
- Parking validation.

**Who to Call:**

Christine Frederici, LCSW (619) 574-8612  
 UCSD Center for Transplantation  
 3500 Fifth Avenue, Suite 301  
 San Diego, CA 92103

**SAN LUIS OBISPO COUNTY**

**Central Coast Kidney Foundation**

- Meets the 1<sup>st</sup> Saturday of the month from 9:30 am – 11:30 am.
- Open to all pre-dialysis, kidney disease, kidney and all organ transplant patients, and family.

**Who to Call:**

Belle Bowdish (805) 929-1690  
 St. Stephens Episcopal Church  
 1344 Nipomo Street  
 San Luis Obispo, CA 93401

**SANTA BARBARA COUNTY**

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**Support Group for Organ Transplant Patients**

- Meets the 1<sup>st</sup> Wednesday of the month from 5:30 pm – 7:00 pm.
- **Call before coming.**
- Open to all pre and post-transplant patients, family members and friends.
- Free parking.

**☎ Who to Call:**

Suzane Retzinger (805) 563-8820  
 2050 Alameda Padre Serra, Suite 100  
 Santa Barbara, CA 93103

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**SAN BERNARDINO COUNTY**

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**Caring for the Caregivers Support Group**

- Meets the 1<sup>st</sup> Thursday of the month at 3:30 pm.
- Open to caregivers, family and friends.
- Free parking.

**☎ Who to Call:**

Debbie Newlin (760) 961-1212  
 Merrill Gardens at Apple Valley  
 11825 Apple Valley Rd.  
 Apple Valley, CA 92308

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- Meets the 1<sup>st</sup> Tuesday of the month in English from 1:30 pm – 3:00 pm
- Open to all kidney disease, pre-transplant and transplant patients, family and friends.
- English & Spanish (see below).
- Free parking.



Dragana Gajic, LCSW (909) 558-3636  
 Ext. 36810  
 Loma Linda University Medical Center  
*(Unit 4100, Conference Room)*  
 11234 Anderson St.  
 Loma Linda, CA 92354

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- Meets the 2<sup>nd</sup> Friday of the month in Spanish from 12:30 pm – 2:00 pm.
- Open to all kidney disease, pre-transplant and transplant patients, family and friends.
- English (see above) & Spanish.
- Free parking.



Ernesto Castro, LCSW (909) 558-3636  
 Ext. 36789  
 Loma Linda University Transplant Institute  
*(Conference Room)*  
 25865 Barton Rd., Suite 101  
 Loma Linda, CA 92354

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**TULARE/KINGS COUNTY**

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**Valley Renal Support Group**

- Meets the 2<sup>nd</sup> Wednesday of the month from 7:00 pm – 8:30 pm.
- **Call before coming.**
- Open to all kidney disease patients, family and friends.
- English & Spanish.
- Free Parking.

**☎ Who to Call:**

Maria Grajalva (559) 688-6804  
 Kaweah Delta Dialysis Facility  
 5040 W. Tulare Ave.  
 Visalia, CA 93277

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## **VENTURA COUNTY**

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### **Dialysis Support Group – Thousand Oaks**

- Meets the 1<sup>st</sup> Tuesday of the month from 7:30 pm – 8:30 pm
- Dialysis patients, caregivers, family and friends welcome.

### **☎ Who to Call:**

Sheryl Glatt (805) 320-3625  
Goebel Senior Adult Center  
(Valley Lupin Room)  
1385 E. Janss Rd.  
Thousand Oaks, CA 91362

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### **Among Friends**

- Meets the 3<sup>rd</sup> Wednesday of the month from 5:30pm to 6:30pm.
- Open to all kidney disease patients, family and friends.
- English & Spanish.
- Free parking.

### **☎ Who to Call:**

Laura Guerra (805) 385-7244  
Betty Garcia  
Adult Day Care House Center  
851 South A Street  
Oxnard, CA 93030

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## **No groups in Imperial and Inyo County**

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*Note: Please contact your support group representative to confirm meeting dates and times.*

This material was prepared by the Southern California Renal Disease Council, Inc. under contract #HHSM-500-2006-NW018C with the Centers for Medicare and Medicaid Services (CMS). The contents presented do not necessarily reflect CMS policy