

**Southern California Renal Disease Council, Inc. - Summary of Rehabilitation Focused Survey Guidance
End Stage Renal Disease (ESRD) Program Interpretive Guidance Version 1.1**

| TAG NUMBER | REGULATION | INTERPRETIVE GUIDANCE |
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| § 494.80 Condition: Patient assessment. | | |
| V515 | (12) Evaluation of current patient physical activity level. (13) Evaluation for referral to vocational and physical rehabilitation services. | <p>These requirements are not intended to indicate that the facility is responsible for fully assessing each patient's activity level/physical capabilities. It is expected that the IDT would be able to evaluate each patient's activity level to the extent necessary to determine whether the patient is a candidate for referral to the appropriate professional(s) for further evaluation and possible rehabilitation services. A member of the IDT should interview the patient/designee about the patient's current level of "physical activity," ability to perform activities of daily living, and/or barriers to independence. The assessment should include observation of the patient's ability to ambulate, transfer, and other physical activities pertinent to the dialysis environment (e.g. holding needle sites, etc). Pediatric patients may also warrant rehabilitation services. Pediatric patients should be encouraged to attend school full-time if possible. If school attendance is not possible, other options should be offered for school-age children to obtain education.</p> <p>Vocational rehabilitation referrals may be appropriate for older youth and adult patients who desire to return to work and/or improve independent living skills. Patients who may warrant physical rehabilitation referrals include those with physical limitations and/or difficulty in performing activities of daily living independently. The requirements for the plan of care for rehabilitation status (including making referrals) are at V555.</p> |
| § 494.90 Condition: Patient plan of care. | | |
| V555 | (8) <i>Rehabilitation status.</i> The interdisciplinary team must assist the patient in achieving and sustaining an appropriate level of productive activity, as desired by the patient, including the educational needs of pediatric patients (patients under the age of 18 years), and make rehabilitation and vocational rehabilitation referrals as appropriate. | <p>The patient plan of care must reflect the information from the interdisciplinary patient evaluation/assessment for rehabilitation status required at V515. The goals for the plan of care in this area must be individualized for the patient (e.g., return to a former occupation, attain an educational certificate or diploma, return to normal activities within a household, etc.) and reflect the patient's preferences. Pediatric patient services should address normal growth and development needs, education needs, and age-appropriate activities, especially if dialysis treatments take place during hours when the child would normally be in school.</p> <p>The social worker should be aware of the availability of community referral options for physical and vocational rehabilitation services for all patients, and educational resources for pediatric patients, if applicable for this facility. The IDT should have a plan and procedure for making referrals for rehabilitation. The IDT must provide and document assistance (e.g., education, encouragement) and referrals, if indicated, which were aimed at enabling patients to maintain or return to their desired level of functioning at work, school, home and in their community.</p> |