

# Resources on Health Related Quality of Life (QOL) Indicators

## Examples of QOL Indicators (copies not included)

**CAHPS In-Center Hemodialysis Survey** – The Health and Human Services Agency for Healthcare Research and Quality (AHRQ) has made available their CAHPS (Consumer Assessment of Healthcare Providers and Systems) consumer satisfaction survey for in-center hemodialysis patients, in both English and Spanish

**Dartmouth COOP Clinical Improvement System (general & disease-specific)** – Self-report survey for children and adolescents 10 and older and adults; adult version for dialysis patients evaluates health and function, clinician attention to needs, risk/habits, preventions, bothers/concerns, diagnoses, medications, finances, and provides SF-36 estimated scores

**Duke Health Profile** – Self-report survey evaluates functioning domains such physical health, mental health, social health, general health, perceived health, self-esteem and dysfunction domains of anxiety, depression, anxiety-depression, pain, disability

**Kidney Disease Quality of Life (disease-specific)** – Self-report survey measures all SF-36 domains (physical functioning, role limitations-physical, bodily pain, general health, vitality, social functioning, role limitations-emotional, mental health) plus symptoms/problems, effects of kidney disease on daily life, burden of kidney disease, cognitive function, work status, sexual function, quality of social interaction, and sleep

**SF-36, SF-12 (both with on-line versions) and SF-8** – Generic self-report survey measuring domains of physical functioning, role limitations-physical, bodily pain, general health, vitality, social functioning, role limitations-emotional, mental health

## Web Resources for QOL Indicators

**[www.outcomes-trust.org](http://www.outcomes-trust.org)** – Medical Outcomes Trust is a not for profit organization dedicated to improving health and healthcare by promoting the science of outcomes measurement and the development, evaluation and distribution of standardized, high quality instruments that measure health and the outcomes of medical care

**[www.cahps.ahrq.gov/cahpskit/ICH/ICHchooseQX.asp](http://www.cahps.ahrq.gov/cahpskit/ICH/ICHchooseQX.asp)** – The Consumer Assessment of Healthcare Providers and Systems (CAHPS) program is a multi-year initiative of the Agency for Healthcare Research and Quality (AHRQ) to support the assessment of consumers' experience with health care. The reporting kit is FREE and provides protocols, guidelines, data analysis programs and reporting measures.

**[www.rand.org](http://www.rand.org)** – the Rand Corporation is a nonprofit research organization providing objective analysis and effective solutions that address the challenges facing the public and private sectors

**[www.fnxnet.com](http://www.fnxnet.com)** – The Dartmouth COOP is a voluntary network of independent clinicians who have collaborated with academic researchers to improve the outcomes focus and develop products that work in busy practice settings

**[www.sf-36.org](http://www.sf-36.org)** – The SF-36 is a self reported generic and disease-specific health outcomes survey with scientific validity in clinical practice, disease management and population monitoring